

TALKS GIVEN DURING 2011/12

DR CARL ALBRECHT

- Invited speaker (Power Point) at Mycored International Conference held on 4 April in Cape Town. Topic: “Case for cancer prevention in South Africa”. (See abstract as Appendix to this report).
- Interviewed on RSG, Spektrum on 13 April re new results on alcohol and cancer.
- Appeared on Projek Aardwolf on KYKNET re acid mine drainage twice. 20H00 on Sundays.
- Invited studio guest of “Expresso” on TV3 at 06H50 on 6th June to discuss cancer survivors, cancer research and CANSA. Host Keshia de Wet.
- Invited guest speaker (PowerPoint) at meeting of 48 oncology nurses on 23 June –“Facts and myths of commonly used supportive cancer treatments” (i.e. what cancer patients use over and above conventional therapy). Royal Cape Yacht Club. Organised by Barbara Poulter of Sandoz Oncology.
- Delivered presentation “Is voedsel werklik ‘n bydraende faktor as oorsaak van kanker”, to Stellenbosch Studie en besprekingsgroep on 19 July.
- 2 August. Speaker at meeting of grassroots women. Elsabe Schlechter VLV Welgemoed.
- Organised meeting and speaker: *Omega-6 to Omega-3. What is the proper ratio of essential fatty acids for good health? Speaker (Canola Oil, Omega-6/Omega-3 ratio and the prevention of cancer.)* and organiser with Alice Victor of a meeting held at CANSA, Mowbray CS&RC on 5 August, 2011.
- Speaker at Launch of NUBY baby range and CANSA Smart Choice Seal. 16 August, at CANSA TLC Lodge., Pretoria, *BPA, Baby Bottles and the Prevention of cancer.* URL for seeing PowerPoint at Appendix
- Invited Plenary speaker at Physiological Society of Southern Africa; *Ninety percent of cancers are caused by environmental factors of which most are chemicals.* 30-8-2011. University of the Western Cape. Abstract see Appendix1.

- On the 12th September, the company Akacia flew me up to Johannesburg where I addressed about 100 Dis-Chem nurses on BPA. I am told that these nurses see thousands of mothers with baby queries per annum.
- I was invited by Lesang Moholobela (CANSA, Vaal Triangle) to take part in a symposium on “*Environmental causes of Cancer*” at the NWU Vaal Campus on the 29th September and to speak on the “Dangers of BPA”.
- I was invited, all expenses paid, to visit the Journalism Department of Rhodes University on the 12th October. I gave a lecture on “Breast Cancer” to final year students and a public lecture on “The World’s war to prevent cancer: Why South Africa is doing better than America.” My hostess was Mia Malan, a lecturer and project manager at the Discovery Health Journalism Centre. She is also the Mail & Guardians health writer. My talks were well attended and as a result, Mia wrote a definitive version of the Baby Bottle story that appeared in the Mail & Guardian on October 28 See attached story (Appendix1). (The photograph taken by Braam van Reenen has been of tremendous value).
- I was an invited guest of CANSA Eastern Free State on 18 and 19 October (All expenses paid) by Carel de Bruin and Linda Kruger. I gave the talk “The World’s war to prevent cancer: Why South Africa is doing better than America”, to local doctors at a meeting funded and organised by Medihelp in Bethlehem. I gave a talk on “Hoe om kanker in die kombuis te bestry” to 120 women from Fouriesburg in die NG Church built in 1895. They could find no hall large enough except the church. This talk was the most popular of all. I was on my feet for 2 hours with Q&A. A typical question was –“A certain product contains omega-3, -6 and -9. Is this the best product of its “Skemerkelkie” function in Malmesbury for CANCA on 15 November. PowerPoint re CANSA research. 80 paying guests attend to hear lecture and have a donated meal.
- Invitation to address National Consumer Tribunal on 17 November in Johannesburg. (They pay for flight and wanted to know all about “plastics” as a capacity building exercise. Special PowerPoint made for the occasion). Valuable contacts made re advocacy.
- I was invited to be the Co-Chair, with Prof Wagida Anwa (Univ. Egypt) of the Session on –“Cancer and the Environment”- on the 30th November at the AORTIC Conference in Cairo. The title of my talk was The Role of the Cancer Association of South Africa (CANSA) in Preventing Environmental cancer. Fe I was a guest on the RSG Radio Programme –Naweek Aktueel,

on Saturday 29 October. I was interviewed for 9 minutes re the Baby Bottle Story. Speakers included; Prof Chris Wild (Director of IARC), Prof Vikash Sewram (Oncology MRC), Dr YY Gong (Univ Bristol).

- 30 min Interview with Radio Namakwaland (18-1-2012). Is the rate of cancer increasing? Does the environment increase cancer? Are there signs of hope?
- Interview with reporter from RSG re discovery of DICER1 mutations in ovarian cancers. (Just before Christmas).
- I was invited to address the Associated Country Women of the World (ACWW) in Maseru on 7-2-2012. All expenses were paid. My theme was *“Protecting our children against cancer.”* This theme has been adopted by the VLU North, where I presented it in Nylstroom in 2011. They will propose it for the National Conference of ACWW and if accepted there, it will be proposed for the International Conference in Mumbai, India, in 2014. ACWW has 75 million members worldwide. My thinking is –“Protect children today (think baby bottle) – protect the world tomorrow”.
- Major interview, about 10 min, re cancer “Where do we stand now?” on World Cancer Day, 4th February, on Naweek Aktueel, RSG.
- Interviewed by Lourenza Echard of BEELD for cancer stories published to coincide with cancer day.
- Participated in the CANSA Solar Radiation Conference as a speaker with PowerPoint. Made a list of issues raised that urgently need attention (See Addendum).
- Did a live SAFM radio interview with Karen Key re Sunscreen Conference on 21st February. Mentioned that >50% failed COLIPA test. (To date I am not aware of any comeback from industry).
- Two high-profile articles concerning CANSA Type B research, covering two full pages each appeared in the Mail & Guardian (2-8 March, 9-15 March 2012) and were written by prize-winning science journalist, Mia Malan, of the School of Journalism of Rhodes University, who interviewed the Head of Research. The articles were based on the concept of “Fighting cancer in the kitchen”. The first article focused on 10 aspects of the kitchen that needed to be counter-acted, such as replacing sunflower seed oil with canola oil, , while the second article dealt with 10 products in the kitchen,

such as Rooibos tea, that could help fight cancer. No negative feedback was received.

- On the 9th May the Head of Research was interviewed on the BBC (Chris Pons) by Audrey Brown concerning the Lancet publication on –“*Global burden of cancers attributable to infections in 2008*”. The key question was why the burden was ten times higher in sub-Sahara Africa than in Australia, i.e. 32% of all cancers vs 3% of all cancers. Obviously something is very wrong in Sub-Saharan Africa. (One of the reasons could be the lack of follow-up of 30 000 South African women diagnosed with PAP-smears to have abnormal cells in the cervix who are then neglected and not treated.)
- July 25 – What causes cancer and what can we do about it? Prince Albert, CANSA Southern cape.
- July 26 – What causes cancer and what can we do about it? Gouritzmond, CANSA Southern Cape.
- July 26 - What causes cancer and what can we do about it? Stilbaai, CANSA Southern cape
- July 27 - What causes cancer and what can we do about it? Knysna, CANSA Southern cape
- 13 September –Is there an increase in cancer incidence? St. Luke’s Hospice AGM